

Breakfast at the Lugger

Available from 8.00am to 10.30am

Served to your table...

Cafetiere & speciality coffee

Tea, fruit & herbal infusions

Freshly squeezed orange juice

White or brown toasts

Porridge, made with milk or water

Your choice from the breakfast station...

Cornflakes, rice krispies, bran flakes & muesli

Hazelnuts, sultanas, dried apricots, coconut, pineapple & banana

Natural Cornish yoghurt with berry compote

Cornish cheese & ham selection

Seasonal fresh fruit & berries

Croissant, Danish pastries & Pain au chocolat

Cooked Breakfast

The Cornish Breakfast

*Local free range; fried, poached or scrambled eggs, bacon, pork sausage, mushrooms, grilled tomato
& fried bread & hog's pudding*

The Vegetarian Breakfast

*Local free range; fried, poached or scrambled eggs, vegetarian sausage, hash brown, mushrooms, grilled tomato
& fried bread*

Eggs Benedict two poached eggs on a toasted muffin, smoked ham & hollandaise sauce

Scrambled Eggs & Scottish Smoked Salmon served on or off a bagel

Boiled Eggs & Soldiers two boiled eggs with white or wholemeal toasted soldiers

Locally Caught Poached Haddock with two poached eggs

Grilled Kipper tomato & parsley butter